

MAGNIFICENT COSTA RICA

Sacred places, Pacific shores, lush rainforests, and majestic volcanoes

SIGNATURE JOURNEY · 11 DAYS

An invitation to explore Costa Rica's natural wonders and reconnect with yourself. Golden Pacific sunsets, soothing hot springs, cacao ceremonies, and sacred practices create space to slow down, awaken your senses, and rediscover the joy of being alive.

DAY 1

Welcome to the tropics

Arrival in San José and check-in at the hotel. A first taste of Costa Rica, rest after the flight, and the anticipation of new encounters and discoveries.

DAY 2

From the capital's charm to the ocean

In the morning we get to know the sights of San José and the history of the country. Then we head for the southern Pacific coast, stopping for lunch somewhere with character. In the evening we settle into a hotel near Marino Ballena National Park, home of the Whale's Tail.







DAY 3

Out to the whales and the sunset

A boat trip out to sea, with the chance to see whales, dolphins and other Pacific wildlife in their natural habitat. Then time on the beach at Marino Ballena National Park: open space, warm sand and the sound of the surf.

What makes this place special is a natural sandbar that, seen from above, takes the shape of an enormous whale's tail reaching into the Pacific.

We close the day with one of the most striking sunsets in Costa Rica, as the ocean and sky turn gold, pink and fiery red.









DAY 4

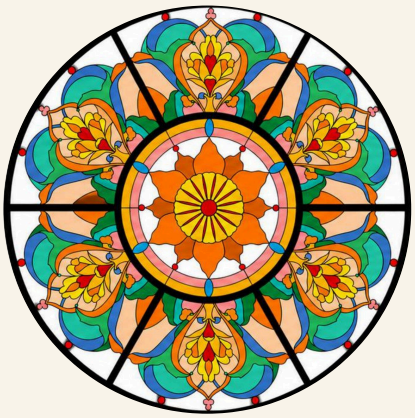
Sun Castle

A day of intention, art and fire

In the morning we travel towards Uvita and on to Sun Castle. Surrounded by tropical greenery and sweeping Pacific views, we enjoy a tour of the castle, a delicious lunch and an introduction to this extraordinary place.

Inside are an amethyst cave, giant crystals and a unique collection of handmade stained glass that brings together vivid colour, natural forms, sacred geometry and mystical symbols. During the day we gather for a sacred ritual in the Temple of the Sun, and in the evening for a manifestation practice and a fire ritual on the sacred spiral, against a breathtaking sunset.











Towards the elements

DAY 5

Cacao: the taste of the earth and the warmth of the heart

A trip to a cacao farm near the Panamanian border. Beautiful scenery, a farm tour and the traditions of cacao growing reveal the journey from pod to fragrant drink. A cacao ceremony and sacred rituals of connection with Mother Earth create time for silence, gratitude and open conversation.

DAY 6

Nauyaca: the power of living water

A day trip to the Nauyaca waterfalls. A walk through the tropical forest leads to spectacular cascades, where the sound of falling water fills the air. We take in the beauty of the place and share gentle meditative practices devoted to letting go and inner renewal.









DAY 7

To Arenal: the warmth of volcanic land

We move on to La Fortuna and check in to a hotel with natural hot springs. The evening is free to relax in the thermal waters and, if the clouds part, to admire the majestic silhouette of the Arenal volcano.

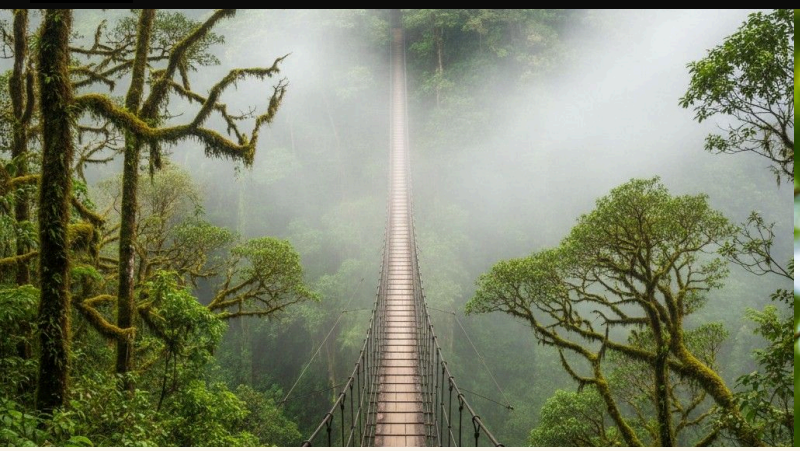
DAY 8

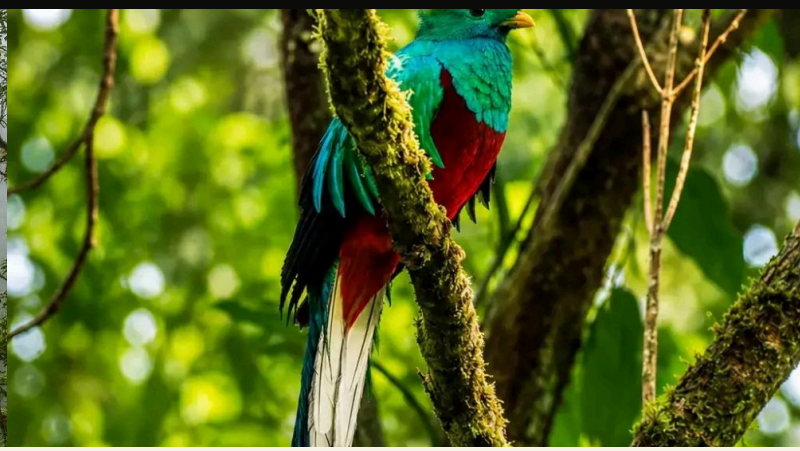
Arenal and the La Fortuna waterfall

A walk at the foot of Arenal introduces us to its volcanic landscapes. Then we visit the famous La Fortuna waterfall, cascading through dense greenery. The descent to the waterfall and the climb back take some effort, and the views are a wonderful reward.









Keep this in your heart

DAY 9

Arinnitti Ark: at one with nature

A whole day at Arinnitti Ark. Jungle walks, sacred practices, a delicious lunch, a swim in the blue lagoon and time to relax in the private hot springs. Time to slow down: to feel the warmth of the water, notice the beauty all around and enjoy the simple pleasure of being here and now.

DAY 10

Monteverde: the magic of the cloud forest

A day trip to Monteverde, a mysterious world where mist drifts between the trees, branches are covered in moss and the air is cool and fresh. A walk among ferns and intertwined roots feels like stepping into a fairy tale. In the evening, a closing practice and a farewell dinner: time to share what the days have brought and to treasure the most meaningful discoveries.

DAY 11

Until we meet again, Costa Rica

Transfer to San José airport and the flight home. In your luggage, memories of the ocean, waterfalls, forests and sunsets. In your heart, new friendships, inspiration and unforgettable moments.

